

Chief Myron Cox

Chief Lifeguard Myron Cox served 44 years from 1927 to 1972. He was appointed Chief Lifeguard for Los Angeles City in 1931. He served as Chief Lifeguard until his mandatory retirement at age 70 in 1972. In a conversation that I had with him in 1968, I asked about his years as Chief Lifeguard. He said, "If I had to do it all over again, I would not change a thing." It was a true gift to know such a man as our Chief Lifeguard Myron Cox.

Chief Cox was the first to win the Wrigley Catalina Channel Swim in 1926. He told me that he had placed axle grease over his entire body in order to protect himself against the cold water. Wrigley held the swim in January in order to make it more challenging for the swimmer to win. The year of Chief Cox's appointment as Chief Lifeguard depends on who you speak with or what has been written. The date of the appointment goes from 1927 – 1936. However, what is clear is that he played the role of Chief Lifeguard from the beginning of the formation of the L.A. City Lifeguards in 1927 along with Captain George Wolf and Captain Wally O'Connor.